



National Development Team for inclusion

Better mental health services for people with learning disabilities and people with autism

Easy read summary



People with learning disabilities and people with autism have more mental health problems than other people



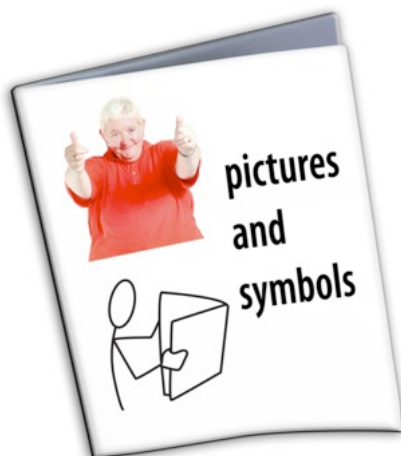
Mental health services are not always good at working with people with learning disabilities and people with autism

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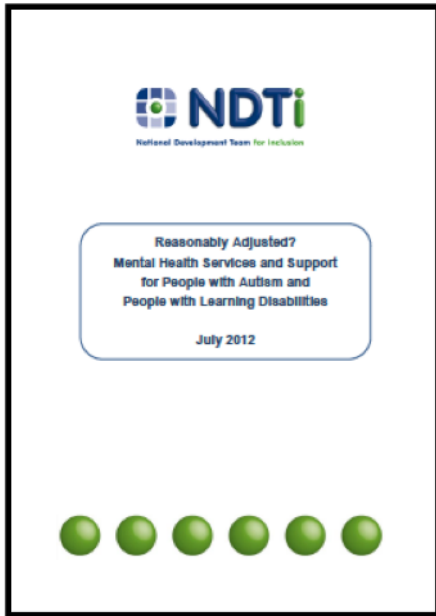


The law says that mental health, and other public services* must make 'reasonable adjustments for people with learning disabilities and people with autism. Public services mean National Health Services and services local authorities provide.

*A public service is a service which is provided by the Government. It can be a direct service or money that the Government supplies to pay for a service.

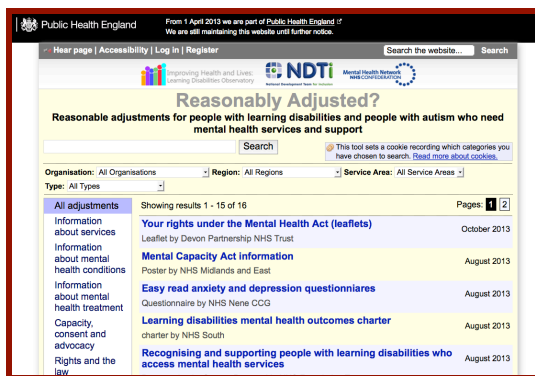


Reasonable adjustments mean changes to services so that they are easier for people with learning disabilities and people with autism to use



There are lots of examples of reasonable adjustments in a report called *Reasonably Adjusted?* The report can be downloaded from:

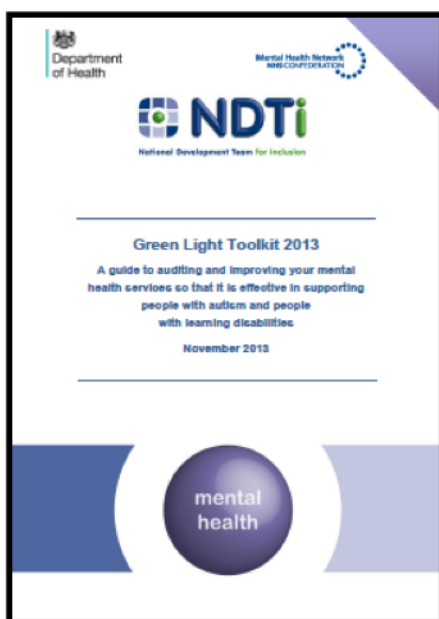
www.ndti.org.uk/major-projects/current/green-light-toolkit-2013/



There are also examples of reasonable adjustments that mental health services have made.

These can be downloaded from:

www.ihal.org.uk/mhra/



Services can check how well they are doing by using the Green Light Toolkit. The Toolkit can be downloaded from:

<http://www.ndti.org.uk/major-projects/current/green-light-toolkit-2013/>



There is an easy read version of the toolkit.

People who use services and family carers should help check how services are doing.



The Green Light Toolkit also has ideas about what needs to be in place to make changes to services.



Listening to what people with learning disabilities and people with autism are saying is very important.

This can help staff make services better.

Here are some questions that people with learning disabilities and people with autism can ask services to check how good they are.



How do you know when people with learning disabilities and people with autism are using your services?

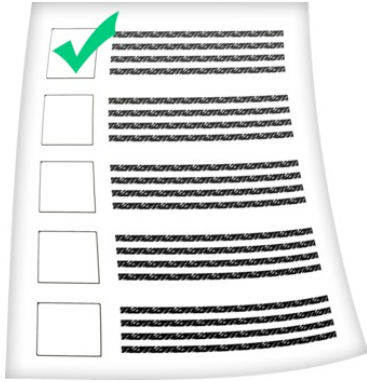


What reasonable adjustments have you put in place for people with learning disabilities and people with autism?



Do staff get training on working with people with learning disabilities and people with autism?

Are people with learning disabilities and people with autism involved in the training?



How do you check that your service is accessible to people with learning disabilities and people with autism?



Have you checked services using the Green Light toolkit?



If yes - were people with learning disabilities and people with autism involved?

